

NICE GIRLS DON'T GET THE CORNER OFFICE

101 Unconscious Mistakes Women Make That Sabotage Their Careers

THE *NEW YORK TIMES* BESTSELLER BY
LOIS P. FRANKEL, PH.D.

"Any woman intent on getting ahead should read this book... a fascinating crash course."

-Anne Fisher, "Ask Annie" Columnist, *Fortune* magazine

Are you or is someone you know a "nice girl?" Could a seemingly professional woman be sabotaging her own career simply by working hard, saving the company money, and refusing certain perks? Surely those things couldn't be standing between her and that coveted corner office, could they? Think again.

Lois P. Frankel, Ph.D., author of **NICE GIRLS DON'T GET THE CORNER OFFICE: 101 Unconscious Mistakes Women Make That Sabotage Their Careers** the president of Corporate Coaching International as well as the author of several books and numerous articles. She is internationally recognized as an expert in the field of workplace behavior. With over twenty years of experience in human resources development, Dr. Frankel can help women to change their "girlish" behavior and finally claim the corner office they deserve. **NICE GIRLS DON'T GET THE CORNER OFFICE** will help women to become aware of when and how they are damaging their careers with self-defeating behaviors, such as:

- Couching statements as questions
- Polling others before making a decision
- Sharing too much personal information
- Taking on other people's work
- Waiting to be noticed or called upon in meetings
- Pinching company pennies

Whether she's an executive or just starting out, **NICE GIRLS DON'T GET THE CORNER OFFICE** offers a way for a woman to identify and modify specific self-defeating behaviors that are subconsciously making her sound, look, act, and be treated like a "girl."

ABOUT THE AUTHOR

Dr. Lois Frankel is also the author of the international bestsellers, *Nice Girls Don't Get Rich* and *See Jane Lead*, as well as *Jump Start Your Career*, *Kindling the Spirit*, *Women, Anger, & Depression*, and *Stop Sabotaging Your Career*, which was named "the best unsung business book of the year" in 1997 by *Fast Company* magazine. She is the President of Corporate Coaching International as well as a licensed psychotherapist with a doctorate in Counseling Psychology from the University of Southern California. Although originally from the East Coast, Dr. Frankel currently resides in Southern California where she also heads up MOSTE: Motivating Our Students Through Experience. MOSTE is a non-profit organization that for twenty years has provided mentors and scholarships to at-risk, inner-city middle school girls.

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